



September 29, 2026

FALL CONFERENCE



How Lawyers Help Disaster Survivors

Paul Rando, JD — Legal Aid Society of Southwest Ohio

This presentation explains how attorneys can help survivors address post-disaster legal issues, and how local emergency management professionals can engage with legal nonprofits to support disaster recovery.

Paul Rando worked and volunteered in international & domestic disaster recovery for four years before attending law school. He has worked hands-on in disaster zones in Nepal, Turkiye, Puerto Rico, and several U.S. states. Now an immigration & tax attorney at Cincinnati's Legal Aid Society of Southwest Ohio, he still has a passion for helping survivors of natural disasters. In his spare time, he co-hosts The Disaster Response podcast.



Avoiding the Traps of Compassion Fatigue & Burnout: Taking Care of You

Sharon Saia, LISW-S — Clinical Social Worker and Consultant

This presentation will help participants assess their stress using the Perceived Stress Scale, learn to recognize compassion fatigue and burnout, understand their differences, explore strategies to manage both, and begin a personalized self-care action plan with supporting resources.

Sharon Saia, MSW, LISW-S, has over 30 years of experience in a wide array of mental health settings. She is an independently licensed social worker in Ohio. Sharon has also been trained in Critical Incident Stress Management (CISM) since 1996. She serves on the board of Workplace Suicide Prevention, is the Program Manager for the Healing Bridge, is a founding member of the Buckeye Trauma Response Network (BTRN), volunteers for mental health disaster response at the Red Cross for the Central Ohio Region and is the behavioral health consultant for the Buckeye Paws program.

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